

THE EINHAUS GROUP FOR WOMEN'S HEALTH
Obstetrics & Gynecology
10215 Auburn Park Drive
FORT WAYNE IN 46825
(260) 490-2229

INSTRUCTIONS FOR BONE DENSITY TESTING

- 1. WEAR COMFORTABLE CLOTHING. NO JEANS, ELASTIC WAISTBANDS PREFERRED.**
- 2. WEAR COMFORTABLE SHOES. NO SANDALS, NO CLOGS.**
- 3. NO CT OR MRI WITH CONTRAST WITHIN 48 HOURS**
- 4. NO CALCIUM SUPPLEMENT TWO DAYS PRIOR TO SCHEDULED BONE DENSITY.**
- 5. NO NUCLEAR TESTING DONE WITHIN ONE WEEK OF SCHEDULED BONE DENSITY.**
- 6. CONTACT YOUR INSURANCE COMPANY REGARDING PAYMENT FOR BONE DENSITY.**