

**THE EINHAUS GROUP FOR WOMEN'S HEALTH
Obstetrics & Gynecology
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(260) 490-2229**

HYSTEROSCOPY

The diagnostic test called the hysteroscopy involves examining the uterus by hysteroscope while injecting sterile saline through the cervix into the uterus. The saline flows into the uterus enabling the physician to determine if the uterine cavity is shaped normally. Intrauterine abnormalities which might be detected include intracavity fibroids, polyps, uterine septations and abnormal vascular changes that may suggest a precancerous condition.

First, a speculum is inserted into the vagina. This enables the physician to view the cervix (the opening to the uterus). The cervix is washed with iodine to reduce the chance of infection. **If you are allergic to iodine or latex please let us know.** The cervix is dilated then the hysteroscope is inserted through the cervical os. Sterile saline is introduced to help in viewing of the uterine cavity. You may feel some pelvic discomfort, similar to menstrual cramps, as the uterus fills up with saline. Ibuprofen can be given before your procedure to help with the discomfort. The entire procedure usually takes about 10 minutes.

* It is your responsibility to check with your insurance company regarding benefit coverage for the hysteroscopy procedure.

Medications

Cytotec -- take one the night before and one the morning of procedure

Antibiotic -- take one the night before the procedure, then twice daily until gone

Pain med -- take one the night before the procedure, 1hr before procedure, then afterwards as needed

Toradol 60mgs -- we will give you this injection when you come in for your procedure

Ibuprofen -- to be taken after the procedure for pain

If you have not received a prescription for these medications, please call the office.

Please arrive 1 hour prior to your scheduled appointment time

You will need to have someone drive you home following the procedure.