

THE EINHAUS GROUP FOR WOMEN'S HEALTH

Obstetrics & Gynecology

10215 Auburn Park Drive

FORT WAYNE IN 46825

(260) 490-2229

Instructions for

NovaSure Endometrial Ablation

We have scheduled you for an office procedure called a Hysteroscopy and NovaSure Endometrial Ablation to stop or significantly reduce heavy vaginal bleeding and associated symptoms. It is safe and effective, yielding high success rates. We require all patients having the ablation done be seen the night before their procedure for a Laminaria insertion, to help dilate the cervix.

Although the NovaSure procedure, itself, takes less than 10 minutes, please allow two hours total time in the office for preparation, the procedure and after-treatment observation. Please do not bring any children to the office.

It is required that you have an adult who will accompany you to the office and drive you back home after the procedure. You will feel drowsy from the medication administered and some cramping from the procedure. You may drive and return to work the day following your procedure. If you take medications, be sure to take them as usual. Otherwise, you may not have anything to eat after breakfast the day of your procedure. Please inform us if you are allergic to Latex. The following medications have or will be prescribed for you.

Cytotec 200mcgs	take one the morning of the Laminaria appointment. Take second pill four hours later.	Rx sent through the mail
Toradol 60mg (2cc) injectable	Will be given 30-45 minutes before procedure	We will supply this medication for you
Phenergan injection 25mgs	Will be given 30-45 minutes before the procedure for nausea	We will supply this medication for you
B&O Rectal Suppositories	Will be given 30-45 minutes before procedure	We will supply this medication for you
Xanax 0.5mg	1 by mouth night before procedure, 1 by mouth morning of procedure, 1 by mouth one hour before procedure	We will give you this medication at your appointment for the Laminaria insertion
Antibiotic	one by mouth the night before procedure, one by mouth the morning of the procedure, then twice daily until gone	We will give you a Rx at your appt for the Laminaria insertion
Pain Medication (Vicodin, Percocet)	take one pill an hour prior to procedure, then as directed for pain	We will give you a Rx at your appointment for the Laminaria
Ibuprofen	to be taken for pain after the procedure	Over the counter

Your Laminaria insertion is scheduled for: []

Your Novasure Ablation is scheduled for: [] (arrive 45 minutes early for this appointment)